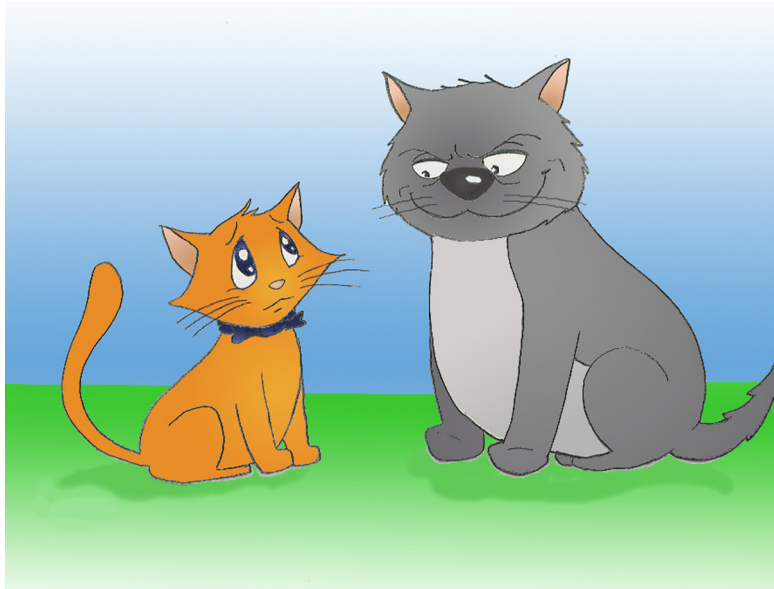


# Sundance and the Bully



## Supplemental Activities Packet

This packet contains classroom activity suggestions and worksheets to reinforce concepts from the Playbook® story and to go beyond the story into the content areas of Language Arts, Math, Science, Social Studies, Art, Health, etc., as well as Character Development.

Activities range in age appropriateness and skill level so that teachers can choose activities that best suit their particular students. An Answer Key is provided on the last page.

Name \_\_\_\_\_

# Silly Willy



## Words That End With Y

Silly Willy is a little mixed-up. Unscramble the letters to make words with the ending sound you hear in candy. Then draw a line from each word to its matching picture.

1. onpy \_\_\_\_\_



2. dyla \_\_\_\_\_



3. nenpy \_\_\_\_\_



4. wentty \_\_\_\_\_



5. icyt \_\_\_\_\_



6. ejlly \_\_\_\_\_

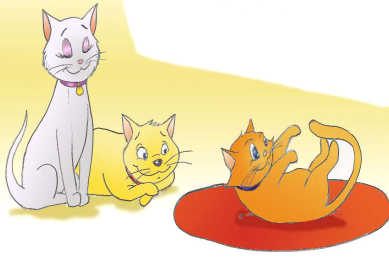


7. pyppu \_\_\_\_\_



Name \_\_\_\_\_

# What Does That Mean?



**Directions:** Choose the correct definition for each of the following words below. Write the letters in the spaces provided.

1. \_\_\_\_\_ attitude

2. \_\_\_\_\_ panic

3. \_\_\_\_\_ solution

4. \_\_\_\_\_ bully

5. \_\_\_\_\_ jealous

6. \_\_\_\_\_ adopt

7. \_\_\_\_\_ admirable

8. \_\_\_\_\_ Humane Society

9. \_\_\_\_\_ achieve

10. \_\_\_\_\_ Animal Control

A. deserving praise or respect

B. group which makes sure people follow rules relating to owning pets and takes care of problems with wild animals

C. to take into a family as one's own

D. to accomplish

E. group for protecting animals from poor treatment

F. an answer to a problem

G. feelings, thoughts, or opinions

H. to be upset about someone having more or better things

I. person who picks on others

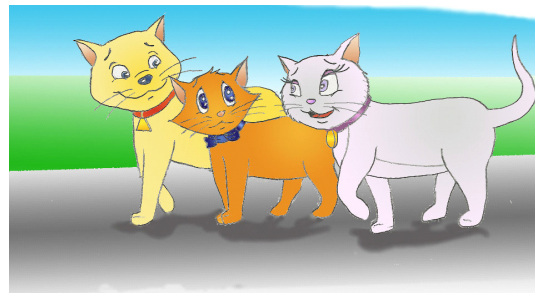
J. sudden fear

Name \_\_\_\_\_

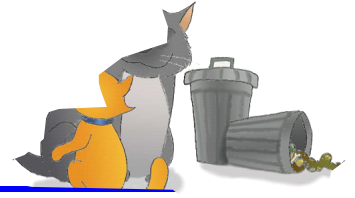
# Making Things Right

**Directions:** The following sentences are missing the necessary punctuation. Read each sentence below and insert the correct punctuation.

1. I just cant stand that loudmouthed bully cat
2. Whered he go
3. At that moment a car came along
4. After an afternoon of food and fun they headed home to be in one anothers company
5. The dogs helped catch the rats but theyre not very good at it
6. Are you alright
7. Even if you are tough dont mess with that cat
8. Thats where the bully cat was taken
9. No they cant keep him there
10. Were all set



# Bullying



**Bullying happens when someone hurts or scares another person on purpose and the person being bullied has a hard time defending himself or herself. Usually, bullying happens over and over.**

- \* **Physical bullying:** hitting, kicking, pushing, choking, punching
- \* **Verbal bullying:** threatening, taunting, teasing, starting rumors, hate talk
- \* **Exclusion bullying:** "No one play with Mary", "No one wants to play with him", "Don't be her friend." These are examples of statements children make to exclude another person from participating in an activity. While children have the right to choose not to play with another child, they should not try to hurt the other person.
- \* **Cyber bullying** is when children or teens bully each other using the Internet, mobile phones or other cyber technology. This can include:
  - \* sending mean text, e-mail, or instant messages
  - \* posting nasty pictures or messages about others in blogs or on web sites
  - \* using someone else's user name to spread rumors or lies about someone

## What should I do if I'm a target?

1. Tell an adult and get help from them. (It's important not to let the bully get away with the behavior.)
2. Ignore the bully.
3. Walk away.
4. Show self-confidence by standing straight, speaking up, looking the bully in the eye, and saying, "Leave me alone!"
5. Stick with others.

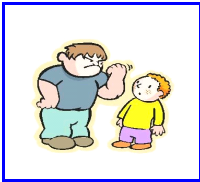


# Identifying Bullying

Directions: Look at each of the following pictures.

- 1) Identify which type of bullying you think is being used.
- 2) Choose which action might best help the victim in each case.

Remember there may be more than one answer in each of these cases. You only need to identify one.



1) Type \_\_\_\_\_

2) Action \_\_\_\_\_



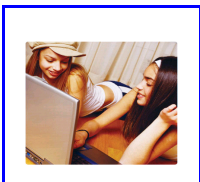
1) Type \_\_\_\_\_

2) Action \_\_\_\_\_



1) Type \_\_\_\_\_

2) Action \_\_\_\_\_



1) Type \_\_\_\_\_

2) Action \_\_\_\_\_



1) Type \_\_\_\_\_

2) Action \_\_\_\_\_

# Why Do Bullies Bully?

There are all kinds of reasons why young people bully others. Some of the reasons are listed below.

- \* They see others doing it.
- \* It's what they think they need to do to hang out with what they think is the cool crowd.
- \* It makes them feel stronger, smarter, or better than the person they're bullying.
- \* It's one of the best ways to keep others from bullying them.

Sometimes bullies have their own problems and deal with them by bullying others. Here are some examples:

- \* They may feel upset, angry, or like they don't fit in because they may have problems at home.
- \* They may get bullied themselves by someone in their own family or by other adults.
- \* They're scared of getting picked on, so they do it first.
- \* Many don't like themselves, so they take it out on someone else.

**Bystanders** are people who observe bullying but are not directly involved. People who recognize bullying, but don't do anything about it contribute to the problem by not standing up for victims. These bystanders become “contributing bullies.”

- \* Bullying is encouraged when people who are observers, onlookers, or watchers do nothing to stop it.
- \* Sometimes bullies rely on reinforcement and encouragement from an audience who, for example, laugh at the victim.
- \* There are also outsiders who don't join in the laughter, but pretend not to notice or care that the bullying is happening.
- \* Bullies often have helpers who support the bully and are keen to join in. These people are just as responsible for the bullying as the person who started it.

Name \_\_\_\_\_



# Now You Know

Based on information you have learned about bullies, answer the following questions. Remember to write your answers in complete sentences.

1. What is bullying?

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2. What is cyber bullying?

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3. Why do some people bully others?

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4. How might bullying make someone feel more popular?

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5. How do bystanders encourage bullying?

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6. If you become the target of a bully, why is it so important to tell adults?

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# Who is a Contributing Bully?

**Part A:** Using what you have learned about bystanders, identify the following statements as true or false. Circle the correct answer.

1. If Jimmy sees Bob making mean comments to John every day at school but never tells Bob to stop, Jimmy is a bystander.  
True / False
2. If Kristy avoids talking to Joanne because other kids make fun of Joanne, Kristy is a bystander contributing to the problem even though she does not directly bully Joanne.  
True / False
3. Bullies usually work alone rather than gathering supporters to help make fun of the victim.  
True / False
4. An audience who laughs at the victim is not really helping to continue the bullying; they are just having fun.  
True / False
5. Even people who don't laugh at the victim, but ignore the bullying, are contributing bullies.  
True / False

**Part B:** Using a separate sheet of paper, draw pictures of a bullying situation in boxes as pictured below. Show what happens, and what you think people who see the bullying can do to stop it. Cartoons may be shared with the class.




# Sundance and the Bully

## ANSWER KEY

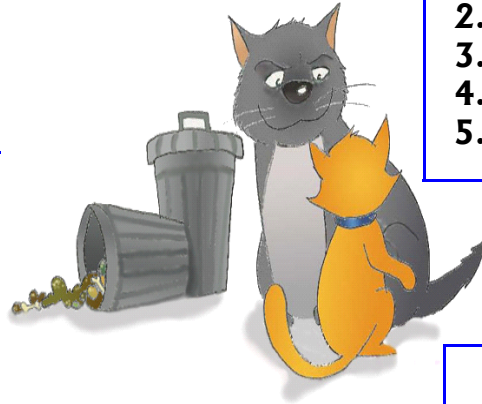
### FOR TEACHER USE ONLY

#### Silly Willy

1. pony
2. lady
3. penny
4. twenty
5. city
6. jelly
7. puppy

#### What Does That Mean

1. g
2. j
3. f
4. i
5. h
6. c
7. a
8. e
9. d
10. b



#### Who is a Contributing Bully?

##### Part A:

1. True
2. True
3. False
4. False
5. True

#### Identify Bullying

1. physical/ verbal
2. verbal
3. physical/ verbal
4. cyber
5. physical

##### Actions:

Answers will vary.

#### Making Things Right

1. I just can't stand that loudmouth bully cat!
2. Where'd he go?
3. At that moment, a car came along.
4. After an afternoon of food and fun, they headed home to be in one another's company.
5. The dogs helped catch the rats, but they're not very good at it.
6. Are you alright?
7. Even if you are tough, don't mess with the cat.
8. That's where the bully cat was taken.
9. No, they can't keep him there.
10. We're all set.

#### Now You Know

1. When someone is hurt or scared by another person regularly.
2. When bullying occurs using the Internet, mobile phones, other cyber technology.
3. They see others doing it; it's what they think they need to do to hang out with a cool crowd; it makes them feel stronger, smarter, or better than the person they're bullying; it's one of the best ways to keep others from bullying them.
4. Answers will vary.
5. They laugh or do nothing.
6. It's important not to let bullies get away with the behavior.

